

**Shaftesbury**  
Healthy Living Centre



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SHAFTESBURY HEALTHY LIVING CENTRE  
#GETFITSTAYFIT  
MEMBERSHIP OPTIONS 2019

**NO  
JOINING FEE  
FOR MEMBERSHIPS**

**NO CONTRACTS  
PAY 30 DAYS AT A TIME**

**20+ CLASSES  
PER WEEK**

[WWW.LORAG.ORG](http://WWW.LORAG.ORG)



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## MEMBERSHIPS

Gym and Classes\* PEAK (anytime) - **£25**

Gym and Classes\* OFF PEAK  
(before 3pm) - **£16.00**

Gym Only (anytime) - **£20**

Classes\* Only - **£20**

**Student Membership** (anytime use) -  
**£17.50** (valid student ID must be shown)

*\*This includes all IN HOUSE classes any  
classes in GREEN are an extra charge of  
3.00 per class*

### Pay As You Go Options

**£10** joining fee for any pay as you go  
- including classes

**£4.00** per 50 minute class

**£3.00** per 30 minute Express class

**£4.00** gym entry

## #GetFitStayFit

### Concession rates

Over 65 - **£13.50 per month**

Over 65 pay as you go - **£5.00** joining fee  
- **£2.00** per class / **£2.00** gym entry

### Exceptional Extras

#### Icebath

Members - **£5** per session  
or 5 sessions for **£20.00**

Non Members - **£7** per session  
or 5 sessions for **£25.00**

#### Shaftesbury Bikes

Free Booking Scheme for all Members  
- Call reception on **028 9031 2377**